



June is Seniors Month

EVENTS

Protecting Your Money – Lunch and Learn Workshop with EAPO

Tuesday May 28
11 a.m. – 1 p.m.

Caledon East Community Complex
– Hall A

Registration Required by May 24

Caledon Fire and Emergency Services Station 308 Open House

Saturday June 1
9 a.m. – 12 p.m.

Victoria Parks Community Centre
Drop-In Event

Eat Local Caledon! With PUCK and EcoCaledon

Tuesday June 4
12 – 2 p.m.

34 Pine Ave, Palgrave

Registration Required by May 29

Voluntour Caledon – Get Involved. Feel Better.

Wednesday June 5
2 – 4 p.m.

Inglewood Community Centre and
Library

Registration Required by May 31

Museum Memories with Peel Art Gallery, Museum and Archives

Friday June 7
10 a.m. – 12 p.m.

Margaret Dunn Valleywood
Community Centre and Library

Registration Required by May 31

Dog Printmaking Workshop with Peel Art Gallery, Museum and Archives

Friday June 7
1 – 3 p.m.

Margaret Dunn Valleywood
Community Centre and Library
Registration Required by May 31

Getting the Most from your Healthcare Appointment with CW Self-Management Program

Monday June 10
10 a.m. – 12 p.m.

Margaret Dunn Valleywood
Community Centre and Library
Registration Required by June 7

Music Therapy: How Music Can Keep Your Body and Brain Healthy with Julia's Place Music Therapy Centre

Tuesday June 11
10 – 11 a.m.

Rotary Place Bolton – Egan Room
Registration Required by June 7

Caledon Day

Saturday June 15
2 – 10 p.m.

Caledon East Campus

CHIP Reverse Mortgages with Home Equity Bank Lunch and Learn Workshop

Tuesday June 18
11 a.m. – 12 p.m.

Alton Community Room and
Library

Registration Required by June 14

Seniors Summer Social with Door to Door and More Inc.

Tuesday June 18
1 – 3 p.m.

Inglewood Community Centre
Registration Required by June 14

Afternoon Strawberry Social with Caledon Seniors Centre Sponsored by Right at Home

Thursday June 20
2 – 4 p.m.

Rotary Place Bolton

Registration Required | Call
905-951-6114 by June 14

Dementia Experience Program with Alzheimer Society Peel

Tuesday June 25
1 – 4 p.m.

Albion Bolton Community Complex
– Auditorium

Registration Required by June 21

High Tea with Caledon Community Services

Thursday June 27
11 a.m. – 12 p.m.

The Exchange – Bolton

Registration Required | Call
905-584-2300 x. 273 by June 20

Caledon Public Library

Learn new things, meet new people and just enjoy yourself by registering for a variety of programs throughout June at the Library.

Visit caledon.library.on.ca/seniors for more information or to register.

For more information or to register for an event please go to caledon.ca/adult55 or by calling 311.